

14th Annual Women's Health Conference



Optimising patient care and outcomes for
common reproductive health concerns

FRIDAY 13 • MARCH • 2026

HOTEL INDIGO • GRAND CAYMAN



HSA

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Optimising patient care and outcomes for
common reproductive health concerns

PROGRAMME 2026

7:15am Registration

Breakfast | Sponsored by Cayman First

8:15am Welcome

Dr. Karina Palmer-Forde, Registrar, Women's Health Department, HSA

Prayer

Mitzie Morgan, Nurse Manager, Women's Health Department, HSA

Opening Remarks

Lizzette Yearwood, Chief Executive Officer, HSA
The Honourable Katherine Ebanks-Wilks,
Minister for Health, Environment & Sustainability

8:40am "I have PCOS"

Dr. Samantha Mascarenhas, Registrar, Women's Health Department, HSA

**9:10am PCOS and Endometriosis:
From Symptom Control to Fertility Preservation.
How Can We Truly Optimise Outcomes?**

Dr. Lisa Hinzman, OBGYN, Cayman IVF & Doctors Hospital

Optimising Vulval Health to Support Reproductive Outcomes

Dr. Nevianna Bordet, Dermatologist, Integra Healthcare

**9:40am Fireside Panel Discussion
One Patient. One Team. Comprehensive Cancer Care for Women**

Dr. John Diaz, Chief of Gynaecologic Oncology

Dr. Yonatan Weiss Radiation Oncologist

Dr. Yvonne Koch, Urologist, Baptist Health Miami Cancer Institute

- 10:10am** **Coffee break** | Sponsored by CG BritCay
- 10:30am** **Benefits of Prenatal Education on Pregnancy and Birth**
Nurse Vanessa Robinson-Webb & Nurse Duet Less, Registered Nurse/Midwife, HSA
- 11:00am** **Bleeding in Early Pregnancy. The Double Life Threat. What's New in Management?**
Dr. Nkiruka Okagbue, OBGYN, HSA
- 11:30am** **Navigating Contraception in Midlife: Safety, Efficacy and Evolving Needs**
Dr. Helen Wilson, General Practitioner, Seven Mile Medical Clinic
- 12:00pm** **Lunch** | Sponsored by Seven Mile Medical Clinic
- 12:45pm** **UTI: Symptom Free, Let It Be**
Dr. Glendee Reynolds & Dr. Camille Blake, Medical Microbiologists, HSA
- 1:15pm** **Use of Testosterone in Women**
Dr. Scott David, Grand Harbour Medical
- Optimising Women's Health Outcomes: Beyond the Clinical Encounter – A Global Systems & Partnership Perspective**
Dr. Hala Kubba, Northwell Health
- 1:45pm** **“I Cannot Hold My Urine”: Updates on Treatments for Urinary Incontinence**
Dr. David Stone, OBGYN, OceanMed
- 2:15pm** **Coffee break** | Sponsored by Cayman Clinic
- 2:35pm** **Perception, Perspectives and Top Trends in Pain Management**
Dr. Judith Nicholls, Consultant Pain Specialist, HSA
- 3:05pm** **Postmenopausal Bleeding**
Dr. Troy Gatcliffe, Gynaecologic Oncologist, Health City Cayman Islands
- 3:35pm** **Impact of Menopause on Relationship Dynamics**
Dr. Chantal Basson, Psychologist
- 4:05pm** **Raffle & Games**
- 4:20pm** **Closing Remarks & Vote of Thanks**
Dr. Leroy Campbell, Clinical Head of Department of Obstetrics & Gynaecology, HSA

Meet Our Presenters



Dr. Samantha Mascarenhas

Registrar, Women's Health Department
Health Services Authority

Coming from a background of community volunteering, Caymanian physician, Dr. Samantha Mascaren has put her efforts into practicing medicine as a first aid responder with The University of the West Indies Student Emergency Response Team for several years prior to earning her MBBS diploma in 2021.

She returned home to Cayman for her intern year where she rotated through the specialties and found her niche in Obstetrics and Gynaecology.

Dr Mascarenhas completed her Senior House Officer rotation at the Victoria Jubilee Hospital in Jamaica in OBGYN where she continued to advance her clinical acumen and develop her perseverance in the craft of medicine.

She returned to the HSA as a Registrar in the Women's Health Department. Her professional journey includes her involvement in initiatives including clinical audits that have contributed to the improvement of care within the Women's Health Department.



Dr. Lisa Hinzman

OBGYN
Cayman IVF & Doctors Hospital

Dr. Lisa Hinzman, a board-certified Obstetrician and Gynaecology specialist from Germany, earned her medical degree in 2013 and completed her residency at the University Hospital of Cologne.

She recognised her passion for reproductive medicine early in her residency and completed subspecialty training and recognition through Aerztekammer Nord Rhein, Duesseldorf, Germany.

She was appointed consultant in Obstetrics and Gynaecology at University Hospital Cologne in January 2020. While maintaining her practice in general Obstetrics and Gynaecology she has been the lead consultant for Reproductive Medicine over the last 18 months.

Outside of work Dr. Hinzman enjoys travelling, appreciates good food and wine, and has a deep love for cats despite having a severe cat hair allergy.

Meet Our Presenters



Dr. Nevianna Bordet

Dermatologist
Integra Healthcare

Dr. Nevianna Bordet, a fellow of the Royal College of Physicians was trained in Cambridge, UK and has over 15 years experience working as a consultant dermatologist managing skin conditions including skin cancer assessment, identification and surgery in adults and children.

Her specialist interest lies in vulval disease with extensive experience, leading multidisciplinary clinics in two UK hospitals, working with gynaecologists to treat both adults and children with vulval conditions.



Dr. John P. Diaz

Chief of Gynaecologic Oncology
Baptist Health Miami Cancer Institute

Dr. John P. Diaz is a board-certified gynaecologic oncologist and director of robotic surgery at Baptist Health. He also serves as chief of gynecologic oncology and director of clinical research in gynaecologic oncology at Baptist Health Miami Cancer Institute. In addition, Dr. Diaz is chair and associate professor of the Department of Obstetrics and Gynaecology at Florida International University Herbert Wertheim College of Medicine.

Dr. Diaz provides comprehensive and compassionate gynaecologic cancer care for women with endometrial, ovarian, cervical, vaginal, or vulvar cancer. He has extensive training and experience in robotic and minimally invasive surgery, which results in shorter hospital stays and faster recovery times for patients.

A surgical innovator, Dr. Diaz has helped pioneer novel procedures such as fertility-sparing radical trachelectomy for early-stage cervical cancer and sentinel lymph node mapping in gynecologic malignancies. He also performed Florida's first uterine transposition procedure for a patient with gynaecologic cancer, preserving reproductive potential in a groundbreaking approach.

Under the direction of Dr. Diaz, the gynaecologic oncology research and clinical trials program at Baptist Health Miami Cancer Institute offers patients innovative treatments and access to advanced technologies. His research interests include new surgical methods for ovarian cancer and innovative cancer therapies like hyperthermic intraperitoneal chemotherapy and immunotherapy. Dr. Diaz is dedicated to advancing women's health, cancer care, surgical innovation, and academic leadership on both a regional and national level.

Meet Our Presenters



Dr. Yonatan Weiss

Radiation Oncologist
Baptist Health Miami Cancer Institute

Yonatan Weiss, M.D., is a board-certified radiation oncologist at Baptist Health Miami Cancer Institute. Dr. Weiss specialises in treating a variety of malignancies, including gynaecologic and genitourinary cancers, with specific expertise in brachytherapy, in which he has received fellowship training.

Dr. Weiss earned his medical degree from McMaster University in Hamilton, Ontario, Canada, and completed his residency in radiation oncology at the Princess Margaret and Odette Cancer Centers at the University of Toronto, also in Ontario, Canada, where he also served as chief resident.

Before joining Baptist Health Miami Cancer Institute in 2022, he was a clinical instructor in the Radiation Oncology Department at the University of California, Los Angeles.

Dr. Weiss is also involved in clinical research on outcomes and practice trends in gynecologic cancer, optimisation of brachytherapy techniques, and the use of advanced technologies, such as motion management during radiotherapy. His research has been presented at national and international scientific conferences.



Dr. Yvonne Katherine Piedrahita Koch

Urologist
Baptist Health Miami Cancer Institute

Yvonne K. P. Koch, M.D., is a board-certified urologist at Baptist Health Urology. She has more than 18 years of experience in clinical care and academic instruction. Certified by the American Board of Urology in urology and female pelvic medicine and reconstructive surgery, Dr. Koch specialises in general urology and male and female voiding dysfunction.

Dr. Koch earned her medical degree from Meharry Medical College in Nashville, Tennessee. She completed a general surgery internship and a urology residency at Case Western Reserve University School of Medicine, University Hospitals Cleveland Medical Center, in Cleveland, Ohio. Her clinical training also includes a fellowship in female pelvic medicine, reconstructive surgery, and neurourology at the University of Texas Southwestern Medical Center in Dallas, Texas.

Dr. Koch has presented at scientific symposiums and her work has been published in medical journals. She is a member of several professional organisations, including the American Urological Association, the Society of Women in Urology, the Society of Urodynamics, Female Pelvic Medicine & Urogenital Reconstruction and the Florida Urologic Society.

Meet Our Presenters



Vanessa Robinson-Webb

Registered Nurse/Midwife
Health Services Authority

Vanessa Robinson-Webb is a Registered Nurse Midwife with over five years of experience in the field of midwifery. She earned her Bachelor's in Nursing and then her midwifery certification from the University Hospital of the West Indies in Jamaica. Currently, Vanessa is employed at the Cayman Islands Health Services Authority, where she specialises in labor and delivery while also pursuing her Master's degree in Women's Health.

With a deep passion for empowering women through education, Vanessa believes that knowledge can transform fear into confidence, and supporting women on their journey to motherhood is not just a career for her; it is a calling. Outside of her clinical practice, Vanessa enjoys self-care, staying active through exercise, and encouraging others to prioritise their well-being.



Duet Less

Registered Nurse/Midwife
Health Services Authority

Nurse Duet Less is a Registered Nurse and Midwife with over 20 years of experience delivering quality, patient-centered care within primary and secondary care environments. With a proven leadership and management background, her experience includes overseeing unit operations, supervising nursing staff, and contributing to policy development and quality improvement initiatives.

She has a passion for maternal and child health, patient advocacy, training and mentoring staff including Advanced Practice Registered Nurses and delivering compassionate, evidence based care that enhances patient outcomes. Duet holds a Master of Science Degree in Nursing and an Advanced Post-Graduate Diploma in Global Health Management and Policy.

Meet Our Presenters



Dr. Nkiruka Okagbue

OBGYN

Health Services Authority

Dr Nkiruka Okagbue is a Consultant Obstetrician and Gynaecologist with a passion for delivering compassionate, evidence based care across the full spectrum of women's health. She is currently practising as a Consultant at the Health Services Authority, having completed her specialist training in the UK through the Kent, Surrey and Sussex (KSS) Deanery.

Dr Okagbue is a Member of the Royal College of Obstetricians and Gynaecologists (MRCOG). Her clinical interests include acute gynaecology, early pregnancy care and colposcopy, alongside a strong enthusiasm for ultrasound. She has trained and worked in a range of busy district general and tertiary referral centres, including King's College Hospital London, gaining experience in high risk obstetrics and complex gynaecology.

Beyond clinical practice, Dr Okagbue is deeply committed to education, leadership, and improving patient outcomes. She is an experienced medical educator and simulation facilitator, has contributed to local guidelines and has presented at both local and international conferences. Known for her collaborative approach and warm teaching style, she is particularly passionate about empowering women through clear communication, thoughtful care, and innovation in women's health services.

Dr. Helen Wilson

General Practitioner

Seven Mile Medical Clinic



Dr Wilson is a highly experienced Family Doctor with over 15 years of clinical practice in the UK, now offering her expertise to the community of the Cayman Islands. She relocated with her family in January 2025, bringing her passion for comprehensive, patient-centred care. She is committed to treating patients with the highest standards of medical care, from preventative medicine, managing ongoing conditions or navigating specialised health issues at every stage of life.

She studied at the University of Nottingham and in 2008 was awarded her medical degree with honours. Following this, she gained extensive experience in a wide range of specialties, including emergency medicine and psychiatry. Dr Wilson has a specialist interest in paediatrics, offering routine baby and postnatal checks and is highly experienced in treating a wide variety of childhood illnesses.

Dr Wilson holds a diploma from the Royal College of Obstetrics and Gynaecologists and her expert skills are focused on women's health, including contraception and menopause. She is particularly skilled in coil and implant insertions.

Outside of medicine she enjoys keeping active with her family in a variety of activities including swimming, kayaking and yoga. In her spare time, you can often find her cheering on her family from the sidelines of a dance show or cricket pitch!

Meet Our Presenters



Dr. Glendee Reynolds

Consultant Radiologist
Health Services Authority

Dr Glendee Reynolds Campbell is a clinical microbiologist at the Cayman Islands Health Service Authority and former lecturer at her alma mater from which she received her medical degrees, the University of the West Indies. She obtained a master's in public health from the University of Saskatchewan and maintains an interest in all things microbiology but has a special love for mycology and infection control. She has served in several offices including as president of the Caribbean Association of Clinical Microbiologists and as the national consultant in Infection Prevention and Control and Antimicrobial Resistance for Jamaica, Bermuda and the Cayman Islands.



Dr. Camille Blake

Medical Microbiologist
Health Services Authority

Dr. Camille Blake is a Consultant Microbiologist at the Cayman Islands Health Services Authority who completed her studies in Medical Microbiology at the University of the West Indies, Mona. Her special interests are antibiotic resistance and infection prevention and control. She has been the recipient of various research grants from the University of the West Indies and National Institutes of Health. She currently serves as the co-chair of the antimicrobial stewardship committee at the Health Services Authority.

Meet Our Presenters



Dr. Scott David

Clinical Director of General Practice, Anti-Aging & Regenerative Medicine
Grand Harbour Medical

Dr. Scott David stands at the intersection of cutting-edge longevity science and clinical excellence, bringing decades of distinguished experience to the forefront of precision medicine. As a dual board-certified physician in both Emergency Medicine and Longevity Medicine, he has built an internationally recognised practice that sets the standard for comprehensive wellness and regenerative care.

A pioneer in hormone optimisation and anti-aging therapeutics, Dr. David authored the acclaimed book “Testosterone for Your Life” establishing himself as a leading voice in male health optimisation. His expertise spans the full spectrum of preventative and regenerative medicine—from precision diagnostics and metabolic optimisation to advanced peptide therapy and regenerative protocols that have transformed thousands of lives.

As co-founder of Grand Harbour Medical in the Cayman Islands, Dr. David has created the region’s premier destination for longevity medicine, where his decades of clinical mastery meet the latest advances in personalised healthcare. His practice seamlessly integrates emergency medicine acumen with sophisticated wellness strategies, offering patients an unparalleled depth of medical insight.

Beyond clinical practice, Dr. David commands stages internationally, delivering sought-after presentations on longevity medicine and the revolutionary role of artificial intelligence in healthcare. His unique ability to bridge traditional medicine with emerging technologies positions him as both a respected clinician and forward-thinking innovator in the rapidly evolving landscape of modern medicine.

Meet Our Presenters



Dr. Hala Kubba

Assistant VP, International Patient Services
Northwell Health

Dr. Hala Kubba is a highly accomplished healthcare operations leader with extensive experience in managing global health services, international patient care, and business development. As Assistant Vice President of Operations at Northwell Health, she oversees the International Patient Services Office, ensuring seamless coordination between patients, providers, and global stakeholders.

Dr. Kubba specialises in optimising operational functions, improving patient outcomes, and building strategic partnerships with embassies, government entities, and international organisations. With a background in Internal Medicine and a Master of Public Health, Dr. Kubba blends clinical expertise with strategic insight to drive innovation in international patient care. She is deeply committed to enhancing the patient experience and fostering cultural sensitivity.

Dr. Kubba's leadership extends to managing complex projects, such as expanding international patient access through technology transitions, developing business strategies for new global markets, and spearheading initiatives to improve team engagement. Her ability to build strong relationships and deliver results has established her as a trusted partner among international healthcare stakeholders.



Dr. David Stone

Medical Director, Consultant Obstetrician/Gynaecologist
OceanMed

Dr. Stone, OceanMed's Director of Urogynaecology, holds a Board Certification in Obstetrics and Gynaecology (ABOG) and is a Fellow of the American College of Obstetricians and Gynaecologist (FACOG).

He is from Detroit, Michigan where he began his career, and has been practicing in the Cayman Islands since 2015. He is well known and respected within the Cayman community, serving many women throughout their pregnancy and with various woman's health issues.

He specialises in minimally invasive surgery and advanced laparoscopy, treating women with abnormal uterine bleeding, chronic pelvic pain, uterine fibroids, endometriosis, vaginal prolapse, and infertility, just to name a few.

Meet Our Presenters



Dr. Judith Nicholls

Consultant Pain Specialist
Health Services Authority

Dr. Judith Nicholls is an Anaesthesiologist and Pain Management Specialist, at the Cayman Islands Health Services Authority Pain Specialist. Dr Nicholls' expertise in the field includes treatment of acute pain, chronic pain assessment and management, paediatric and interventional pain management. She also has peer reviewed publications in the areas of medicinal cannabis, opioid weaning, psychological interventions for the treatment of pain and management of post-surgical pain.

Dr Nicholls is an advocate for combining conventional and alternative medicine and incorporating a multidisciplinary approach to the treatment of patients.



Dr. Troy Gatcliffe

Radiation Oncologist
Health City Cayman Islands

Dr. Troy A. Gatcliffe is a trained Gynaecologic Oncologist. He is in private practice in Miami where he has lived and worked since 2010. He earned his medical degree from the Royal College of Surgeons in Dublin, Ireland and completed a residency in obstetrics and gynaecology at Boston University Medical Center.

He completed a fellowship in gynaecologic oncology at the University of California, Irvine Medical Center.

Board-certified in gynaecologic oncology, Dr. Gatcliffe is a Fellow of the American College of Obstetricians and Gynaecologists and the American College of Surgeons. He offers minimally invasive surgical techniques including robotic surgery, for all complex benign gynaecologic and women's reproductive cancer diagnoses.

He has a strong personal and professional interest in caring for patients from the Caribbean and Latin America. He has lectured throughout the West Indies and worked with public and private sector physicians in several countries to raise the standard of healthcare for women with gynaecologic cancers. Dr. Gatcliffe was born and raised in Trinidad and Tobago.

Meet Our Presenters



Dr. Chantal Basson

Psychologist

Dr. Chantal Basson is a clinical psychologist with expertise in child, adolescent and family mental health. She has previously worked at Alex's Place, Adolescent Behavioural Health at the HSA, focusing on crisis mental health and suicide risk.

Dr. Basson is a former lead consultant clinical psychologist at the National Health Service (NHS) in the UK, where she spent 10 years in senior leadership. She is also a qualified family therapy systemic practitioner, with a strong emphasis on child and family mental health. Throughout her career, she has lectured and trained across several universities and NHS Trusts.

Her clinical work centres on attachment-focused family therapy, trauma, chronic long-term health conditions, psychosomatic presentations, neurodiversity, and healing through the development of attachment relationships. Dr. Basson is also engaged in the societal dimensions of mental health, contributing to research, policy and strategy initiatives aimed at improving long-term mental health outcomes.

She holds qualifications in several therapeutic approaches, including family therapy, dyadic developmental psychotherapy, Theraplay, autism assessments and EMDR.

Dr. Basson currently serves as the Clinical and Educational Committee Chair for the Alex Panton Foundation, is an Executive Board Member of the Cayman Islands Psychological Association, and a member of the Pride Cayman Committee.

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