

NOTIFY YOUR DOCTOR

Should you develop any change in physical condition such as a cold, sore throat, persistent fever, cough or any other condition, please notify your doctor well in advance (at least one day before) your operation date.

ADDITIONAL NOTES:

Information for Surgical Patients



ADMITTING UNIT

(Please tick one):

☐ Surgical ☐ Maternity

☐ Paediatric ☐ ACU

Date: _____

Time: _____

WHAT TO BRING TO THE HOSPITAL

Small suitcase with the following items:

1. Toiletries (e.g. toothbrush, toothpaste)
2. Nightgown/pyjamas
3. Suitable underwear
4. Towels/wash cloth (optional)
5. Robe/Dressing gown
6. Slippers (non skid)
7. Sanitary pads (Gynae/Obstetric patients)
8. Suitable apparel to wear home upon discharge
9. **Any medication you are currently taking**

PLEASE DO NOT

1. Wear makeup, false fingernails, toenail or fingernail polish.
2. Bring any valuables such as jewelry or money
(The hospital will not accept responsibility for any lost or stolen items).

PRIOR TO SURGERY YOU WILL BE ASKED TO:

1. Sign a **CONSENT FORM** giving permission for surgery and the administering of anaesthesia.
2. Make appointments for Anaesthetic Clinic before leaving the compound. Anaesthetic Clinics are at the Specialist Clinic on Monday, **Tuesday**, Wednesday and Thursday between 1:30 PM and 4:00 PM (except public holidays).
3. Have lab work and EKG complete at least one week before attending Anaesthetic Clinic so that results will be available when you attend the clinic.

Lab hours for blood drawing are:

- 7:30 AM to 6:30 PM Monday - Friday
- 8:30 AM to 12:30 PM Saturday

PLEASE MAKE AN APPOINTMENT FOR YOUR EKG WITH THE CARDIOLOGY DEPARTMENT, Extn 244-2764.

4. **DO NOT EAT OR DRINK ANYTHING EIGHT HOURS BEFORE SURGERY. YOU MAY ONLY DRINK CLEAR FLUIDS** (water, coconut water without pulp, clear broth, tea or coffee without milk, apple juice, white grape juice, clear carbonated or non-carbonated soft drinks (Sprite or 7-Up) up to two (2) hours before surgery. **NO ALCOHOL PLEASE.**
5. Make sure you have someone to drive you home when discharged.
6. Stop smoking 2 - 6 weeks before surgery. Smoking may cause breathing problems during surgery.